

LOOKING AFTER CHILDREN DURING COVID-19

Public Health England

What parents and carers need to know about early years providers, schools and colleges during the coronavirus (COVID-19) outbreak

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

Advice for parents and carers on looking after the mental health and wellbeing of children or young people during the coronavirus (COVID-19) outbreak

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing>

World Health Organisation

Healthy parenting during COVID-19

<https://www.who.int/campaigns/connecting-the-world-to-combat-coronavirus/healthyathome/healthyathome---healthy-parenting>

Helping children cope with stress during the COVID-19 outbreak:

https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2

Greater Manchester Mental Health

Coronavirus: how to support your children.

<https://www.gmmh.nhs.uk/download.cfm?doc=docm93ijjm4n6688.pdf&ver=9219>

Mental Health Foundation

Talking to your children about the Coronavirus pandemic

<https://mentalhealth.org.uk/coronavirus/talking-to-children>

Parenting during the Coronavirus outbreak

<https://www.mentalhealth.org.uk/coronavirus/parenting-during-coronavirus-outbreak>

Every Mind Matters

Looking after children and young people during the coronavirus outbreak

<https://www.nhs.uk/oneyou/every-mind-matters/looking-after-children-and-young-people-during-coronavirus-covid-19-outbreak/>

Children's Commissioner

Coronavirus, children and you. Includes two guides for children: 'Going back to school guide' and 'Children's guide to coronavirus'.

<https://www.childrenscommissioner.gov.uk/coronavirus/>

Parenting for Lifelong Health

COVID-19: 24/7 Parenting online resources in a wide range of languages.

<https://www.covid19parenting.com/>

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UNICEF

Tips for parenting during the coronavirus (COVID-19) outbreak. Also available in French, Spanish and Chinese.

<https://www.unicef.org/coronavirus/covid-19-parenting-tips>

SISU Psychology

The Anti-Baddies toolkit - resources to help children understand and combat COVID-19 through a team of online superheroes

<https://sisuppsychology.co.uk/introducing-the-anti-baddies/>

Relate

Supporting children and young people during COVID-19

<https://www.relate.org.uk/relationship-help/covid-19-advice-and-information/supporting-children-and-young-people>

